

Real Beauty

1 Look at the photos of these women. How would you describe their physical appearance?



2 VOCABULARY Which adjectives could you use with which facial features? Check the meaning of any words you are not sure about.

chin, jaw, cheekbones, hair, eyes, forehead, nose, lips, eyebrows, teeth

round almond oval heart-shaped full thin broad snub turned up receding
curly wavy spiky double thick straight dark shoulder-length prominent high

3 Which women (or women) A-F could be described in the following way?

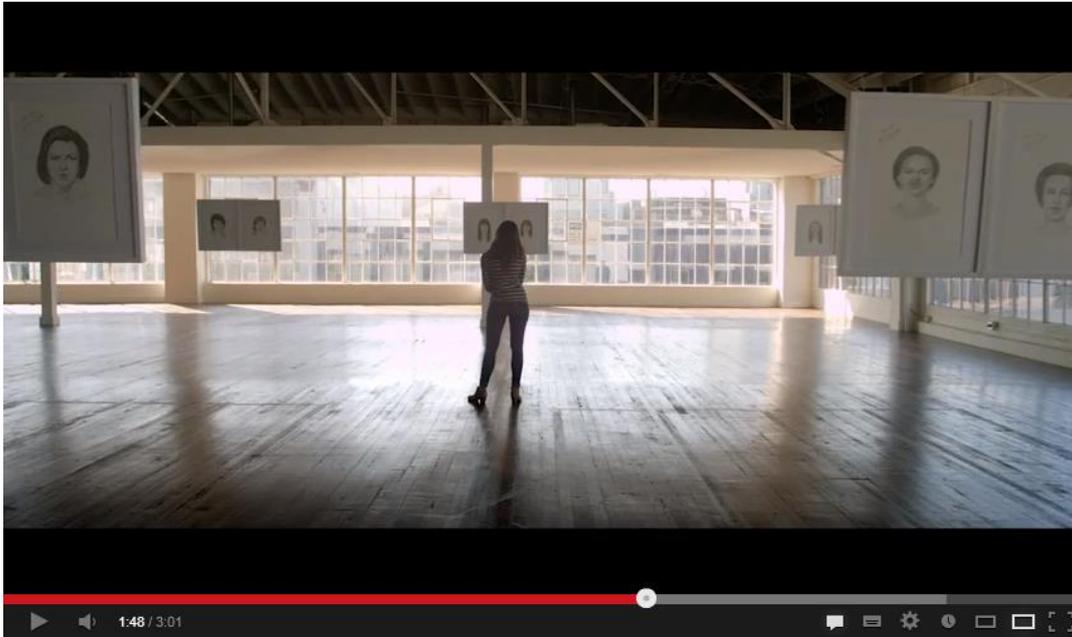
- 1 Long, thick, straight blond hair
- 2 Quite a round face.
- 3 Full lips
- 4 Almond eyes
- 5 Nice teeth
- 6 A heart-shaped face
- 7 Prominent cheekbones

Use some of the other phrases to describe the pictures in more detail.



4 Watch the video and answer the following questions.

- 1 What was Gil Zamorra's previous job? What was he doing this time?
- 2 How did Gil get the information to make his drawings?
- 3 Which of the two pictures do you think looked most like the real people?
- 4 What is the message of the video?
- 5 The video is an advertisement. What do you think the advertisement is for?



5 Watch the video again and make a note of the language the women use to describe themselves, and the language others use to describe them. What differences do you notice?

6 DISCUSSION Discuss the following questions in pairs or small groups.

- Do you think it's true that women tend to believe they are less attractive than they really are? Why/why not?
- Do you agree with Florence that what we think about our looks has an impact on everything in our life? Why/why not?
- Do you think that men are equally self-critical? Why/why not?
- Do you think that an advertisement like this could have a positive effect on women's self-esteem? Why/why not?

7 Now write a description of yourself. Try to give as much detail as possible.



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Key, Notes and further video link.

2

double/thin/round/prominent chin
 strong/prominent jaw
 full/broad/prominent cheekbones
 curly/wavy/spiky/thick/straight/dark/shoulder-length hair
 round/almond/oval/dark eyes
 broad/high forehead
 thin/broad/snub/turned-up/straight nose
 full/thin lips
 thin/thick/dark eyebrows

Note that a lot of these pairings come down to collocation, or what sounds right. For example thick eyebrows, rather than full eyebrows.

3

The answers here are partly a matter of opinion.

- 1 Long, thick, straight blond hair A
- 2 Quite a round face .F, D
- 3 Full lips E, F
- 4 Almond eyes B
- 5 A heart-shaped face B, C, D
- 6 Prominent cheekbones B, C

4

- 1 A forensic artist. In other words he drew pictures of missing people and crime suspects from people's descriptions. Here he was also drawing from descriptions
- 2 First from the women themselves, and then from strangers describing the same women.
- 3 Most people would say the second pictures.
- 4 That you are more beautiful than you think you are.
- 5 It's for Dove beauty products.

5

It kind of protrudes a little bit, especially when I smile.
 My Mum told me I had a big jaw.
 I kind of have a fat, rounder face.
 The older I've gotten the more freckles I've gotten.
 I would say I have a pretty big forehead

She was thin, so you could see her cheekbones.
 And her chin? It was a nice, thin chin.
 She had nice eyes, they lit up when she smiled.
 Cute nose
 She had blue eyes, very nice blue eyes.

6

Depending on your group, you might like to finish on a more light-hearted note with this spoof video where men carry out the same task and discover they're much uglier than they thought. Watch it first though; there are a couple of references that might not be suitable with all classes.

<http://youtu.be/T8Jiwo3u6Vo>